

Controlling Blood Pressure (CBP)

wellcare



Why it Matters

Hypertension, otherwise known as high blood pressure, affects nearly half of the adults in the United States. It is known as the "silent killer" because it has no warning signs or symptoms. It also increases the risk of heart disease, stroke, kidney disease and a number of other serious conditions. Controlling blood pressure through medications, diet and lifestyle changes reduces these risks. While a normal blood pressure (BP) is 120/80 or less for most adults, maintaining a blood pressure of less than 140/90 is considered controlled, with the help of the above modifications.



Measure description

The percentage of persons 18 to 85 years of age who had at least two visits on different dates of service with a diagnosis of hypertension during the measurement year, and whose BP was adequately controlled (<140/90 mm during the measurement year). The most recent BP reading during the measurement year must occur on or after the second date of diagnosis of hypertension.



Key tips

- ✓ When taking blood pressure:
 - Assure cuff fits properly on bare arm.
 - Have patient sit with feet flat on floor and legs uncrossed.
 - Support elbow at heart level during BP reading.
 - Repeat later in visit and/or different arm if blood pressure is elevated.
 - Record lowest systolic and lowest diastolic blood pressure.
 - Do not round-up blood pressure.
- ✓ Introduce as a ECDS Measure (Electronic Clinical Data Systems).
- ✓ Schedule follow-up visit for blood pressure monitoring or medication adjustments.
- ✓ Educate patient about medication adherence and lifestyle changes.

(continued)

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By Allwell
By Fidelis Care
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What do you need to do?

- ✓ Submit claims (CPT, CPT II codes, etc.) and encounter data in a timely manner, including diagnosis codes.

Billing codes

Description	Codes
Hypertension	ICD-10: I10
Systolic greater than/equal to 140	CPT-CAT-II: 3077F
Systolic less than 130	CPT-CAT-II: 3074F
Systolic between 130-139	CPT-CAT-II: 3075F
Diastolic greater than/equal to 90	CPT-CAT-II: 3080F
Diastolic 80-89	CPT-CAT-II: 3079F
Diastolic less than 80	CPT-CAT-II: 3078F

